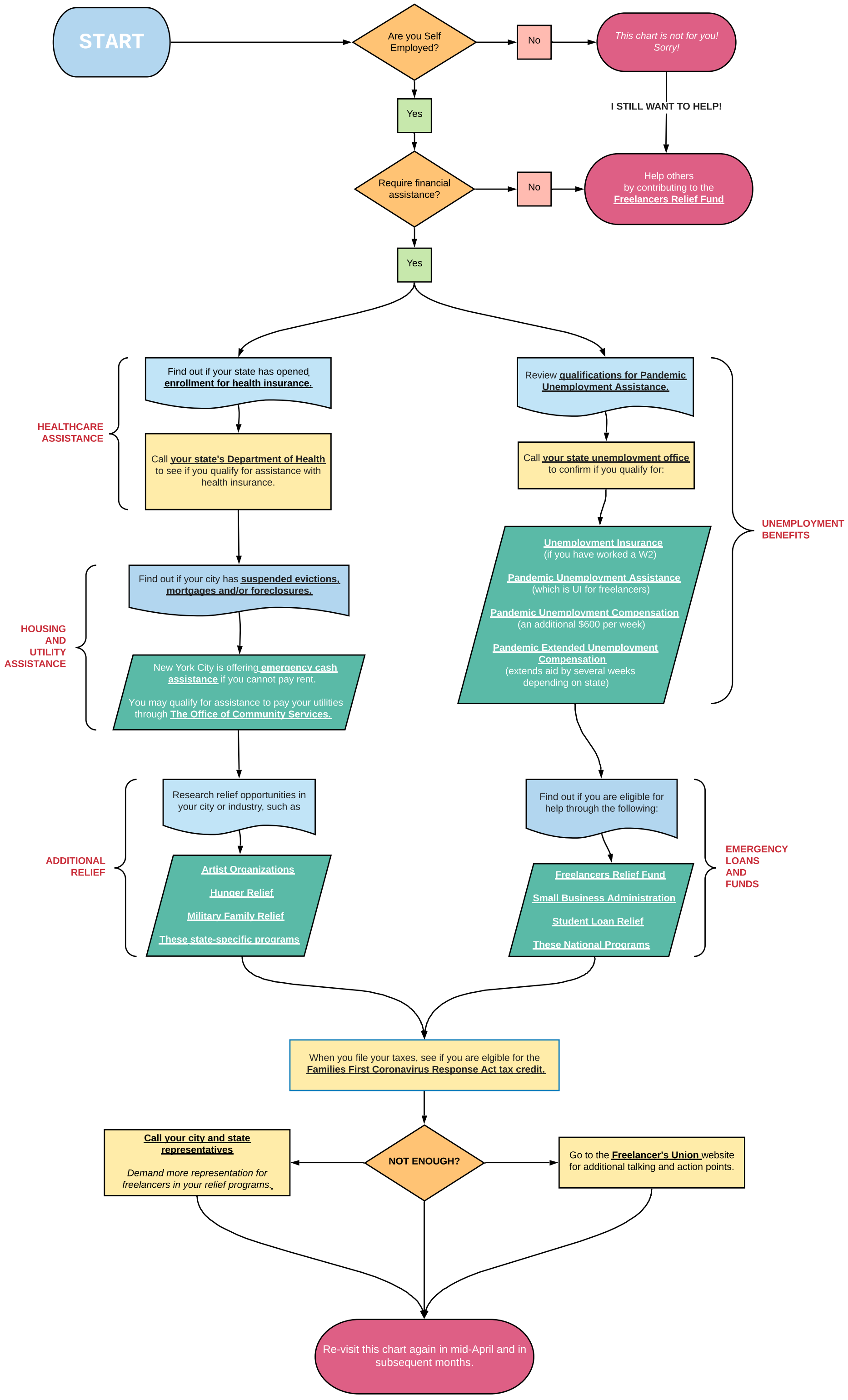
START
Are you Self Employed?
No
This chart is not for you! Sorry!
I STILL WANT TO HELP!
Yes
Require financial assistance?
No
Help others by contributing to the Freelancers Relief Fund
Yes
HEALTHCARE ASSISTANCE
Find out if your state has opened enrollment for health insurance.
Call your state's Department of Health to see if you qualify for assistance with health insurance.
HOUSING AND UTILITY ASSISTANCE
Find out if your city has suspended evictions, mortgages and/or foreclosures.
New York City is offering emergency cash assistance if you cannot pay rent.
You may qualify for assistance to pay your utilities through The Office of Community Services.
ADDITIONAL RELIEF
Research relief opportunities in your city or industry, such as
Artist Organizations
Hunger Relief
Military Family Relief
These state-specific programs
UNEMPLOYMENT BENEFITS
Review qualifications for Pandemic Unemployment Assistance.
Call your state unemployment office to confirm if you qualify for:
Unemployment Insurance (if you have worked a W2)
Pandemic Unemployment Assistance (which is UI for freelancers)
Pandemic Unemployment Compensation (an additional $600 per week)
Pandemic Extended Unemployment Compensation (extends aid by several weeks depending on state)
EMERGENCY LOANS AND FUNDS
Find out if you are eligible for help through the following:
Freelancers Relief Fund
Small Business Administration
Student Loan Relief
These National Programs
When you file your taxes, see if you are elgible for the Families First Coronavirus Response Act tax credit.
NOT ENOUGH?
Call your city and state representatives
Demand more representation for freelancers in your relief programs.
Go to the Freelancer's Union website for additional talking and action points.
Re-visit this chart again in mid-April and in subsequent months.